

Monday	Tuesday	Wednesday	Thursday	Friday
1 Sliced Beef Burgundy Sliced Potatoes 3 Bean Salad Whole Wheat Roll	2 BBQ Chicken Sandwich On a Sandwich Bun Fresh Potato Salad Diced Pears	3 Split Pea Soup Tuna Salad Sandwich Lettuce & Tomato Wheat Bread Carrot & Raisin Salad Hot Fruit Cup	4 Roast Pork Loin with Mushroom Gravy Steamed Brown Rice Wheat Bread Fresh Broccoli Salad Apricots Chocolate Pudding	5 Sloppy Joe Sandwich On Hamburger Roll Cole Slaw Cinnamon Apples
8 Turkey Cold Cut Meat American Cheese on Sub Roll w/Lettuce & Tomato Potato Salad Cole Slaw Fruit Cocktail	9 Multi Bean Soup Chicken Salad Sandwich On Rye Bread Lettuce & Tomato Pickled Beets Pineapple Tidbits	10 Beef Hot Dog Hot Dog Roll Ketchup/Mustard Baked Beans Tropical Fruit	11 Chicken Florentine Casserole Rice Pilaf Whole Wheat Bread Cucumber Sour Cream Salad Diced Pears	12 Turkey Burger w/Swiss Cheese on Roll Lettuce & Tomato Stewed Tomatoes Hot Fruit Cup
15 Baked Chicken Calvados Wild Rice Wheat Bread Seasoned Spinach Plum Halves Vanilla Pudding	16 Pulled Pork Sandwich On Hamburger Bun Cold Broccoli Salad Sweet Potato Chunks Pineapple Chunks Coconut Cream Pie	17 Sliced Peaches Meatloaf with Gravy Mashed Potatoes Multi Bean Salad Dinner Roll	18 Baked Ham Slice Lima Beans Sweet Potatoes Rye Bread Tropical Fruit	19 Roast Turkey Chunks in Gravy Brown Rice Pilaf 3 Bean Salad Mandarin Oranges
22 Beef Eye Round w/Gravy Sliced Potatoes Cucumber & Tomato Salad Whole Wheat Bread Cinnamon Snap	23 BBQ 1/4 Chicken Seasoned Greens Corn Muffin Diced Pears	24 Beef Burger w/Cheddar Cheese on Roll Lettuce & Tomato Baked Beans Cole Slaw Chilled Plums	25 Baked Potato Tossed Salad w/Ranch Dressing Chili con Carne Shredded Cheddar Applesauce Wheat Bread	26 Meatloaf w/Gravy Mashed Potatoes Copper Pennies Mandarin Oranges Whole Wheat Bread
29 Roast Pork Loin Sweet Potatoes Green Pea Salad Cinnamon Apples Whole Wheat Roll Butterscotch Pudding	30 Meatball Sub Shredded Cheese On a Club Roll Multi Bean Salad Hot Fruit Crisp	31 Chicken Stew w/Peas and Carrots Brown Rice Pickled Beets Tropical Fruit Whole Wheat Bread	 AUGUST 2016  Please call the senior center coordinator or meal manager 48 hours in advance to reserve a meal.	

Menus subject to change~

~Milk and Juice are served with every meal~